The NPKUA has compiled the following list of Summer Camps across the United States that cater to PKU families and adults.

We hope you enjoy your summer!

Camp PHEnomenal: May 3 - 5, 2019, Meridian, TX

Camp PHEnomenal will be held on the beautiful grounds of Camp John Marc, located on 175 acres in Bosque County, 85 miles southwest of Dallas. Camp PHEnomenal provides a wonderful opportunity for laughter, friendship and family connections that can last a lifetime. They are planning a fun-filled weekend for everyone!

Campers will enjoy lake and pier fishing, sports and games, star gazing, arts and crafts, star gazing, teaching kitchen, nature trails, skills course, costumes and dress-up clothing and more.

Camp is limited to individuals 18 and younger with PKU or other Allied Disorders and for immediate family members. If a person with PKU is over 18 but still in their senior year of high school, they are still eligible for camp.

Camp is provided free of charge for all eligible families, so that everyone can participate. This is made possible by the fundraising efforts of Camp John Marc and the Children’s Health, as well as the donation of funds from Cook Children’s to cover their patients’ attendance. For questions, please contact Julie Sickles at 214-456-1684 or at julie.sickles@childrens.com. Deadline is April 1st.
**Camp Knot A PHE: May 24 - 27, 2019, Prescott, AZ**

Camp Knot A Phe is a family camp held at the UCYC Springs, located on 80 acres just outside of Prescott, AZ in the beautiful, cool, tall pines. What a great mountain getaway! Camp Knot A PHE welcomes all metabolic patients currently on a protein restriction with medical formula, and their immediate family members, who are Arizona Residents. All campers must be at least 3 years old. UCYC Springs camp location has newly renovated cabins with connected bathrooms, large meeting rooms, and great activities. Activities include paint ball, high ropes, rock wall, volleyball, gaga ball, arts and crafts, cooking workshop, guest speakers, and a vendor fair where patients can try new foods and medical formula.

Learn more at: [https://anpadnews.org/pages/camp-knot-a-phe](https://anpadnews.org/pages/camp-knot-a-phe).

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**The Hole In The Wall Gang Camp: May 30 - June 2, 2019, Ashford, CT**

A special weekend for families in the rare disease community. The Hole in the Wall Gang Camp opens its doors to children and families to ensure that every child, no matter their illness, can experience the transformational spirit and friendships that go hand-in-hand with camp. For the first time ever, they will be hosting a special Summer Family Camp for children and families impacted by rare diseases to join together for a weekend of pure fun - free of charge.

The Hole in the Wall Gang Camp will be hosting this family camp for 25 families in the Northwest Region of the US. The application includes a portion for general information, medical and consent forms for each member of the family who is attending, and a medical exam form to be completed by the diagnosed child's medical provider. *Space is limited.* If you have any questions, please contact our admissions team at (860) 429-3444 or admissions@holeinthewallgang.org.

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**PKU NW Alliance Family Camp: June 6 - 9, 2019, Antelope, OR**

The 16th annual Oregon PKU Family Camp is June 6 - 9. Over 200+ campers gather for an extended weekend to connect with others managing life with PKU (and allied disorders), share tips, offer support, and have a blast as a family. Campers include recently diagnosed newborns, kids, teenagers, and adults - plus their parents, siblings, extended family, and friends. There is something for everyone, with or without PKU: an incredible water park, fun games/activities, workshops/speakers, and quality time as a family. Learn more at [www.p kunw.org](http://www.p kunw.org).

Financial Assistance: We do not want cost to be a barrier for someone with PKU to attend camp. If this is your first time coming to camp or you want to return, but need a little help, reach out to us at [camp@pkunw.org](mailto:camp@pkunw.org) for details.
Emory Metabolic Camp: June 17 - 22, 2019, Atlanta, GA

The 25th Annual Metabolic Camp at Emory University in Atlanta, GA is June 17 - 22. This is a model, research-based camp for young women 12 years of age and older with PKU or MSUD, which focuses on building social support through a variety of activities including nutrition education, cooking classes, discussion groups, and local field trips. The camp typically accepts 30 attendees on a first-come, first-served basis. Registered dietitians from across the nation and around the world volunteer their time to serve as camp counselors, and nutrition students provide support as assistant counselors. The cost of the camp is $375.00 per person, which includes all sponsored meals, lodging, group activities, and field trips. Partial scholarships are available for certain financial circumstances. Check with your local RD and clinic to see if local sponsorship is available.

To learn more and to register, contact Rosalynn Blair (Camp Coordinator) at rborlaz@emory.edu or visit http://metcamp.net.

Camp PHEver: July 7 - 12, 2019, Burton, TX - Camp for ALL

Camp PHEver’s mission is to provide children and adolescents with PKU a typical summer camp experience where they can meet new friends, reunite with old camp buddies and just have FUN. Although our primary focus is fun, fun, fun, our campers do indirectly receive education about PKU. Parents can relax, knowing that while their children are away having fun, they are still under strict diet supervision. Camp is a time to enjoy summer and feel comfortable about PKU.

Camp fee is $450. Camp PHEver is for children 6-18 years old. Siblings are welcome if space permits, but the children with PKU are the first priority.

Come join Camp Phever for a great weekend of canoeing, fishing, swimming, hiking on nature trails, sports, horseback riding, campfire, dances, and more!

Visit http://www.campphever.org/ for more information and to register for camp! A limited amount of full and partial camperships (financial assistance) are available.

Illinois Family Camp: July 19 - 21, 2019, Lacon, IL

Join us for Family Camp at Great Oaks Campground July 19 - 21. Great Oaks is located in Lacon, IL and sits on the bluffs above the Illinois River valley. At camp, you will make lasting friendships while enjoying arts and crafts, relay races, a scavenger hunt, capture the flag, archery, swimming, canoeing, paddle boating, fishing, bonfires, campfire songs, healthy low-protein food choices, and more!

Only $45* per person. All meals, activities, and lodging are included! PKU Illinois has filed for a grant from BioMarin and the cost per person of this event will depend on the amount of this grant. They are hoping to have the cost be $45 per adult and $22.50 per child. For more information visit www.pkuil.org.
Camp Cavett: July 31- August 4, 2019, Adair, OK

Camp Cavett is a FREE camp for youth battling chronic and life-threatening illnesses.

Camp Cavett provides a space for children battling chronic and life-threatening illnesses to build character, develop better coping skills and ultimately connect with other kids like them. The camp is 5 days at the beautiful “Frontier Cove” campground located near Adair, Oklahoma on Lake Hudson. The campground is fully handicap accessible and provides a variety of fun activities like: swimming, go-karts, arcades, indoor basketball, ropes course, movie theatre, arts, crafts, salon, dancing and so much more!

Qualifying campers should be ages 8-18+ (or Senior in High School). Register NOW online at www.cavettkids.org

Camp Huber: August 23 - 25, 2019, Westminster, MD

Camp Huber is a PKU Summer Camp offered by the Maryland Alliance of PKU Families, Inc. The goal of the camp is to bring families with PKU together for a weekend of fun and learning, where PKU food is on the menu and no one has to explain what PKU is.

Camp Huber is not limited to Maryland Families. Any family able to make it to camp is welcome to participate. Camp Huber can be enjoyed for the entire weekend, or just for the day on Saturday. The day-camp option works especially well for local families with very small children who can't stay overnight, but want to participate.

For more information and to register visit https://sites.google.com/site/camphuber/.

Camp Connect: September 13 - 15, 2019, Winder, GA

Camp Connect is an annual family camp offering the camp experience to families with PKU children and is hosted at Camp Twin Lakes in Winder, Georgia. This fun-filled camp weekend provides lots of wonderful opportunities for laughter, friendships and family connections that can last a lifetime!

There will be team challenges, PKU peer groups, arts and crafts, swimming, boating, pier fishing, volleyball, basketball, games, nature trails, giant swing, ropes skill courses, zip lining (ages 13+), and much more!

For more information please contact our Camp Director at camp@georgiapku.org.