May 7, 2019

Dear Senators and Representatives:

On behalf of Patients & Providers for Medical Nutrition Equity, a coalition of nearly 40 patient and provider organizations that represent individuals for whom specialized nutrition is medically necessary for treatment of their digestive or inherited metabolic disorder, we write to request that you co-sponsor the Medical Nutrition Equity Act as reintroduced in the 116th Congress. The House bill was re-introduced on May 2 as H.R. 2501 and the Senate bill will be re-introduced shortly.

For a subset of the patients with the diseases and conditions covered under this legislation, specific formulas and vitamins essential to the treatment of these conditions offer a more medically appropriate, less risky, and less costly alternative. For example, for many of the digestive diseases covered in the bill, medical nutrition may constitute the only safe and effective therapy available to a patient. Alternatively, medical nutrition may be the preferred medical treatment, with fewer risks and side-effects than other therapeutic options.

Additionally, nearly four million newborns in the United States receive state-mandated testing for inborn errors of metabolism as recommended by the Secretary of HHS’ Recommended Uniform Screening Panel. Each year, approximately 7,200 of these babies are diagnosed with inherited metabolic disorders as a result of this mandated testing. For most of these babies, the use of medical nutrition is not merely an optional, alternative food choice, but a medical necessity.

When diseases of the digestive system or inherited metabolic disorders are left unmanaged or untreated, the medical consequences are often significant, permanent, and costly. The implications of denied or delayed access to medical nutrition in pediatric populations are particularly profound — inadequate growth, abnormal development, cognitive impairment, and behavioral disorders. In severe cases, without medical nutrition, the outcome can be surgery, hospitalizations, intellectual disability, or even death. Children with an unmanaged disease also suffer emotionally and socially.

Medically necessary nutrition is sometimes the best or only treatment for a digestive or metabolic condition. Insurance companies will typically cover pharmaceuticals or biologics for treatment of some of these conditions; however, these types of treatments may not be the first-line therapy a physician would recommend and do not work for all patients. Further, pharmaceuticals and biologics are often costly and can have undesirable risks such as cancer or suppression of the immune system, which can increase a patient’s risk of infection.

Even when an insurance company does cover medically necessary nutrition, it often comes with the stipulation that the formula be administered through a feeding tube (for example, a nasogastric tube, placed through the nose into the stomach or a gastrostomy tube, surgically placed directly into the stomach). Surgery to place a feeding tube is expensive and these tubes carry additional risks. For example, a gastrostomy tube can leak, cause ulcerations, or cause infection at the insertion site. In severe cases, a patient may experience a perforation in the intestinal tract. Medically necessary nutrition, when administered under a physician’s order, constitutes life-saving treatment with lower costs and fewer risks.

These types of coverage policies are irrational and interfere with thoughtful medical decision making. Further, without coverage, medical nutrition is unaffordable for many families. For example, some
children with Crohn’s disease require a pre-digested formula such as Peptamen 1.5, which, at five cans per day, can cost an average of $1,500/month. For many patients and their families, the out-of-pocket costs for specialized formulas are prohibitive, particularly when you consider that these formulas cost less than biologics that are covered for some of these conditions. Biologic therapies are not only costly, but confer medical risks, such as suppression of the immune system which can increase a patient’s risk of infection.

The Medical Nutrition Equity Act would ensure coverage parity, providing patients the ability to choose the best treatment option in consultation with their physician. The Patients & Providers for Medical Nutrition Equity Coalition respectfully requests that you co-sponsor this critical legislation so patients with these conditions can survive and thrive. Please contact Megan Gordon Don at 202.246.8095 or mgdon@mgdstrategies.com if you have any questions or need more information and please contact the offices of Senator Casey or Representatives McGovern or Herrera Beutler to co-sponsor.

Sincerely,

American Academy of Pediatrics
American College of Gastroenterology
American College of Medical Genetics and Genomics
American Gastroenterological Association
American Partnership for Eosinophilic Disorders
American Society for Parenteral and Enteral Nutrition (ASPEN)
Ann & Robert H. Lurie Children’s Hospital of Chicago
Association for Creatine Deficiencies
Association of Pediatric Gastroenterology and Nutrition Nurses
Children’s Hospital at Dartmouth
Children’s Hospital Colorado
Children’s Medical Nutrition Alliance
Children’s MAGIC US
Children’s National Health System
Crohn’s & Colitis Foundation
Campaign Urging Research for Eosinophilic Disease (CURED)
EveryLife Foundation for Rare Diseases
FIES Foundation
FOD (Fatty Oxidation Disorders) Family Support Group
Galactosemia Foundation
Genetic Metabolic Dietitians International (GMDI)
HCU Network America
International Foundation for Gastrointestinal Disorders (IFFGD)
International FPIES Association
Maple Syrup Urine Disease Family Support Group
March of Dimes
National Organization for Rare Disorders (NORD)