

Hello from Bella!

Dear Supporter,

Nice to meet you! **My name is Anabella (Bella) Gonzalez, and I am 14 years old.** I live in Kentucky with my family and I'm in 9th grade. Some of my favorite things to do are shopping, cheerleading and spending time with my friends! Whether it's practicing stunts and routines or just having fun, I love staying active and enjoying life.

Living with PKU has been a big part of my journey. It can be challenging at times, but I've learned how to manage my diet and take care of myself. **One thing I'm really proud of is how well I've done in school and staying healthy, even with the restrictions PKU brings.** What gives me hope and excitement is all the new progress in PKU research, like better treatments and more understanding of our condition. It's AMAZING to see how things are changing for the better!

Our family became involved with NPKUA because we wanted to connect with other families going through the same things. We've been able to learn so much from their resources and attending the conference last summer was such an amazing experience. It was wonderful to meet others who share similar challenges and victories. NPKUA has also filled a huge need for us by providing support, information and a strong sense of community. I've learned so much, not just about PKU, but about the power of family and connection.

When you read the Impact Report, you'll see how your donations have helped fund LIFE-CHANGING research and support for families just like mine. I hope you continue supporting NPKUA, an organization that's made a difference in my life!

I'm so grateful for **any contribution you can make.** **Together, we can make an IMPACT on the future of PKU!**

Thank you so much for your kindness and support,

Bella

P.S. Find me in NPKUA's **2024 Impact Report!** I'm wearing a chef's hat on page 4 😊